

January 2010
HIGHER GROUND Newsletter
Lake Superior Interfaith Community Church
1414 E. 9th St.
Duluth, MN 55805
218-724-6554



President's Message

Hidden Gems: Notes for the New Year

Sometimes we have an experience that we don't understand, but if we look deeply, or wait long enough, a reason for that experience will usually reveal itself. All the events in our lives lead to other events, and all that we have manifested in this present moment is the result of past events and experiences.

We may not easily tease apart the many threads that have been woven together to create our current reality. However, experiences that don't seem to make sense, as well as any that we regret, are just as responsible for the good things in our lives as the experiences we do understand or label as "good."

This is especially important to remember at times when we may feel directionless, or unsure of what to do. It is often at times like these that we take a job, or move to a new place without really knowing if it's the right thing to do. We may ultimately end up leaving the job or the place, but often during that time we will have met someone who becomes an important friend, or have an experience that changes us in a profound way.

When all the pieces of our life don't quite make sense, we can remember that there is always some hidden gem of a reason that we are where we are, having the experiences we are having.

It's helpful to look back on past experiences with an eye to uncovering those gems: the boring temporary job in a bland office building that introduced you to the love of your life; the roommate you couldn't tolerate who gave you a book that changed your life; the time spent living in a city you didn't feel at home in that led you into a deeper relationship with yourself.

Remembering these past experiences can restore our faith in the present- and the future.

Life is full of buried treasures. Chances are, you're sitting on some right now.

Blessings,
Jasmine

Thanks to www.dailyom.com for the inspiration for this letter.

2009-10 Giving Tree

Once again it is our privilege to help those who are in need of help.

This month we are focusing on personal care items for CHUM
Suggestions: bar soap, shampoo, toothpaste, toothbrushes, deodorant, disposable razors, shaving cream, lip balm, combs, brushes, lotion - any products you feel would fit into that category.

Thank You



OCEAN OF PEARLS

The key to the future lies in unlocking the past.

7:00 pm Friday, Jan. 8th & Saturday, Jan. 9th

How often do you get to experience movies that...

Awaken your sense of joy and wonder and really make you feel alive?

How often do you get to enjoy movies that...

Inspire love and compassion for your fellow human beings?

How often do you get to discover movies that...

Evoke a deeper sense of connection with the universe around you?



This brilliant first feature written and directed by Sarab Neelam, M.D. depicts the universal quest for identity. As a Sikh man with a full beard and turban, Dr. Amrit Singh moves between two worlds, but belongs to neither. “To my father, the turban is an article of faith,” says Amrit. “To me, it means I better make damned sure I'm not late for my flight.”

When he is offered a prestigious position at a Detroit hospital, the young surgeon from Canada sees an opportunity to start fresh, only to discover that his appearance may threaten his success. What happens when our dreams seem to clash with our heritage? Perhaps it is the collision between the old ways and the new that defines who we are.

**Lake Superior Interfaith Community Church
1414 E 9th Street**

Suggested Donation: \$5.00

JUST A REMINDER

You can help with the ongoing workings of our church. You can speak to any of the Board members with your suggestions. You can volunteer to help out in various areas - special projects, kitchen relief, run the movie, sing a song, play an instrument - many things are available that we could use help with. The more individual help we get, the more unified we become. Please consider helping us this year. We would all benefit. Thank you!!
Blessing to all!

Advertise in this newsletter

Prices Per Month \$6. Business Card \$10. 1/4 page \$20. 1/2 Page \$36. Full Page

Contact: Barb Gudowski bgudowski@aol.com 715-394-9246

Upcoming Events

Movie Weekend
Jan 8 & 9th 7:00 p.m.
Ocean of Pearls
\$5.00 - see ad

Feb. 6th
Body Lab
Holistic Healing & Psychic Fair
Barkers Island - see ad

Ongoing Events

Debtors Anonymous Meeting
Tuesdays 7:00 p.m.
Contact Gary 728-4085

Gamblers Anonymous
Wednesdays 7:00 p.m.

Peace & Healing Meditation
2nd & 4th Thursdays 6:00 p.m.
Open to all

Peace and Healing
Every Sunday before the service
Starting at 9:30
Open to all - Come in quietly

Cancellation Notice / Weather

We are now able to post a notice on our church answering machine that will let us inform you if we are having a service if it is in question because of the weather. You may also check our website: www.lsicc.org for the same information.



If the only prayer you say in your whole life is "Thank You", that would suffice.
Johannes Meister Eckhart

When the opportunity arises, please support our advertisers. Thank§

Body Lab's
Holistic Healing & Psychic Fair

Feb. 6th 10-5
Barkers Island Conference Center
See ad for future details

The Nature of Being

Phyllis McCoy

Intuitive Life Coach

612-789-8309

(Telephone Sessions By Appointment)
phylel11@gmail.com

2015 Central Ave. N.E. #422
Minneapolis, MN 55418

JOIN OUR CHURCH YAHOO GROUP WEBSITE VIA THE GROUP'S PAGE:

<http://groups.yahoo.com/group/duluthlsicc> It's Free!

LSICC web site: www.lsicc.org Check it out!

Lake Superior Interfaith Community Church
 1414 E. 9th St.
 Duluth, MN 55805

Non-Profit Org. U.S. Postage PAID Permit No. 408 Duluth, MN


RETURN SERVICE REQUESTED

If this issue is addressed to an individual who no longer wishes to receive this newsletter, please contact the church office and leave message 724-6554 or drop us a note. Thank you

To schedule Church events, please contact the President, Jasmine Phoenix and submit a written proposal with dates and times.

Jasmine : 218-591-9747
 Or jphoenix1@charter.net

VISIT OUR WEBSITE www.lsicc.org

January	February
Jan 3 11:00 a.m. Speaker -& Healer Chuck Crom	Feb 7 Speaker & Healer - TBA
Jan 10 11:00 a.m. Speaker - Lisa Cerri Healer - Sue Brewer	Feb. 14 Speaker & Healer - TBA Happy Valentine's Day 
Jan 17 11:00 a.m. Speaker Rev. Sharon Manns Healer - Carol Gieseke Pot Luck	Feb. 21 Speaker & Healer - TBA Pot Luck
Jan 24 11:00 a.m. Speaker & Healer Michael Walke	Feb. 28 Speaker & Healer - TBA
Jan 31 11:00 a.m. Speaker Dan Rogers Healer Jean Kwako Fold Newsletter 9:30 a.m.	