

November 2009

HIGHER GROUND Newsletter

Lake Superior Interfaith Community Church

1414 E. 9th St.

Duluth, MN 55805

218-724-6554

President's Message

Sunday Services
11:00 A.M.
Lunch after every service.
Potluck 3rd Sundays

CHURCH BOARD

President

Jasmine Phoenix

Vice President

Jean Captain

Secretary

Sue Brewer

Treasurer

Roberta Tigerfuentes

Trustees

Louise Pell

Walter Sipila

Carol Kari

Rebecca Lee

This month, I'd like to share with you this prayer from Tobias, channeled by Geoffrey Hoppe.

I feel that it expresses many things that we already know on the soul level, but may have difficulty accepting in our human form.

The Prayer

In my heart,

I accept my perfect being.

I accept that the joy I have intended is already in my life.

I accept that the love I have prayed for is already within me.

I accept that the peace I have asked for is already my reality.

I accept that the abundance I have sought already fills my life.

In my truth,

I accept my perfect Being. I take responsibility for my own creations, and all things that are within my life. I acknowledge the power of Spirit that is within me, and know that all things are as they should be.

In my wisdom,

I accept my perfect Being. My lessons have carefully been chosen by my Self, and now I walk through them in full experience. My path takes me on a sacred journey with divine purpose; My experiences become part of All That Is.

In my knowingness,

I accept my perfect Being. In this moment, I sit in my golden chair and know that I Am an angel of light. I look upon the golden way- the gift of Spirit- and know that all of my desires already have been fulfilled.

In love for my Self,

I accept my perfect Being.

I cast no judgment or burdens upon my Self.

I accept that everything in my past was given in love.

I accept that everything in this moment comes from love.

I accept that everything in my future will result in greater love.

In my Being, I accept my perfection. And so it is.

Jasmine



Upcoming Events

Nov 1
Holly Schuck
Speaker for service
Workshop on the Medicine Wheel
1-3 p.m.
\$45.00 (\$5.00 goes back to LSICC)

Nov 13-15th
Movie
“Red Like the Sky”
(see ad)

Enjoy and Give Thanks
Thanksgiving Day Nov. 26th



Ongoing Events

Debtors Anonymous Meeting
Tuesdays 7:00 p.m.
Contact Gary 728-4085

Gamblers Anonymous
Wednesdays 7:00 p.m.

Buddhist Group
1st and 3rd Mondays at 6:00 p.m.

Peace & Healing Meditation
2nd & 4th Thursdays 6:00 p.m.
Open to all

Peace and Healing
Every Sunday before the service
Starting at 9:30
Open to all - Come in quietly

Conscious Development Class
Sundays @ 9:00 a.m.



Your Help Please

Last Sunday a DVD of “The Moses Code” was left on a lunch table. It was not meant to be part of the book sale. Someone picked this item up thinking it was part of the sale. It would be greatly appreciated if it would be returned to the church. If you have it, please bring and give to Jasmine Phoenix or Carolyn Brooks.

Information For You From The Board

Each December, the board of our church, on behalf of the congregation, makes donations to community organizations, and in some cases, individuals in need. We welcome your input and ideas for recipients of our gifts this year. If you have an organization, agency, or individual you would like for us to consider, please mention this to any board member by the end of November.

Dances of Universal Peace / Sufi Night

The next 1st Saturday of the month Dances of Universal Peace is November 7, 7-9 p.m., 1802 E. 1st St., Duluth (Friends Meeting House). \$1 to \$10 donation
Newcomers, and supervised, interested and direct-able children always welcome.

Sufi Night every Thursday at the Spiritual Deli, 3 West Superior St., 7 to 8 p.m.
They have punch cards (lowers the cost) which are good for all their classes (Yoga, Zen Meditation, etc.). Drop-in rate is \$12.50 per class, \$7.50 for students/seniors.

For info call Salima 218-391-0260

JOIN OUR CHURCH YAHOO GROUP WEBSITE VIA THE GROUP'S PAGE:

<http://groups.yahoo.com/group/duluthlsicc> It's Free!

LSICC web site: www.lsicc.org Check it out!

Lake Superior Interfaith Community Church
 1414 E. 9th St.
 Duluth, MN 55805

Non-Profit Org. U.S. Postage PAID Permit No. 408 Duluth, MN

RETURN SERVICE REQUESTED

If this issue is addressed to an individual who no longer wishes to receive this newsletter, please contact the church office and leave message 724-6554 or drop us a note. Thank you

To schedule Church events, please contact the President, Jasmine Phoenix and submit a written proposal with dates and times.

Jasmine : 218-591-9747
 Or jphoenix1@charter.net

***VISIT OUR WEBSITE* www.lsicc.org**

November	December
Nov. 1 11:00 a.m. Speaker - Holly Schuck Healer - Max Mashek Workshop with Holly 1-3 p.m. Medicine Wheel	Dec 6 11:00 a.m. Speaker - Roger Cragun Healer - Lisa Cerri
Nov. 8 11:00 a.m. Speaker - Lynn Clark Pegg Healer - Faye Nemec	Dec. 13 11:00 a.m. Speaker — Sr. Jean Maher Healer - Carolyn Brooks
Nov. 15 11:00 a.m. Speaker Cedric Littlewolf Healer - Walter Sipila Pot Luck	Dec. 20 11:00 a.m. Speaker— Rev. Sharon Szukis Healer - Jerry Kwako Pot Luck
Nov. 22 11:00 a.m. Speaker & Healer Chuck Crom	Dec. 27 11:00 a.m. Speaker - Rev. Walter Sipila Healer - Carol Kondrath Fold newsletter 9:30 a.m.
Nov 29 Speaker Healer - Sue Hall Fold Newsletter 9:30 a.m.	

Red Like the Sky



The saga of a blind child who fights against everything and everyone to reach out for his dreams and his freedom.

Featuring blind children in most of the roles, **Red Like the Sky** is a beautifully crafted film about youth overcoming preconceived ideas about blindness, and a wonderful testament to the power imagination and creativity have to open up the minds of children and adults alike.

This thought-provoking, enchanting film was inspired by the true story of Mirco Mencacci, one of Italy's most gifted sound editors (he worked on this film). Born in a small Tuscan village in 1971, Mirco loses his eyesight in a freak accident and Italian law forces his parents to send him away to a school for the blind. Blind children in 1970s Italian society were considered hopelessly handicapped; the school aims to teach blind children an "appropriate" vocation. But Mirco is determined not to give up the thing he loves — cinema — and thanks to an inspired teacher he learns to express his creativity, passion and talent. He defies social limitations and becomes an award-winning sound editor in Italy.

Fri., Sat. & Sun. November 13th - 15th @ 7:00 p.m.

**Showing at Lake Superior Interfaith Community Church
1414 East Ninth Street Duluth, MN
Cost: \$5.00**

*When the opportunity
arises, please support
our advertisers.
Thanks*

*Healing Stories for Children
Healing Touch, Certified Practitioner
Gentle Yoga/Tai Chi
Soft Touch Hand or Foot Massage
With or Without Manicure/Pedicure
Private Nursing
Organizing
Parties — Dinner Parties*

Patricia Massie RN 218-390-4849

Holly Gray Schuck
Private Sessions

Sacred Journeys of Wisconsin

Traditional therapy, family counseling,
Shamanic energy work,
Trained Frequencies of Brilliance
Practitioner and Life Coach

Call 715-865-6803 or 715-520-2582
www.sacredjourneys-wi.com
e-mail: grayhawk1950@yahoo.com

The Nature of Being

Phyllis McCoy

Intuitive Lifecoach

612-789-8309

(Telephone Sessions By Appointment)
phylel11@gmail.com

2015 Central Ave. N.E. #422
Minneapolis, MN 55418

Advertise in this newsletter

Prices Per Month \$6. Business Card \$10. 1/4 page \$20. 1/2 Page \$36. Full Page

Contact: Barb Gudowski bgudowski@aol.com 715-394-9246